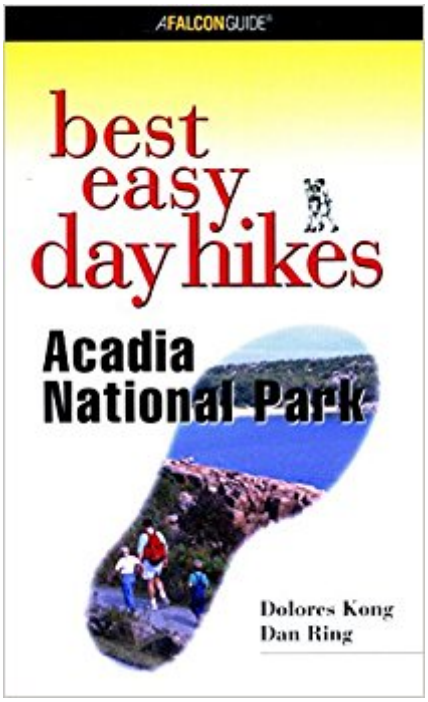
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Best Easy Day Hikes: Acadia National Park



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Synopsis

Day hikes in Maine’s Acadia National Park, the first national park east of the Mississippi and one of the most popular destinations in the park system.

Book Information

Paperback: 86 pages

Publisher: FalconGuides; 1st edition (June 1, 2001)

Language: English

ISBN-10: 156044441X

ISBN-13: 978-1560444411

Product Dimensions: 7 x 4.3 x 0.2 inches

Shipping Weight: 3.5 ounces

Average Customer Review: 3.5 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,892,536 in Books (See Top 100 in Books) #36 inÃ Â Books > Travel > United States > Maine #1463 inÃ Â Books > Travel > United States > Northeast > New England #1556 inÃ Â Books > Travel > Food, Lodging & Transportation > Parks & Campgrounds

Customer Reviews

In Maine’s Acadia National Park, you can see images found nowhere else, such as surf crashing on pink granite cliffs or fog rolling in over Frenchman Bay. With 120 miles of hiking trails and 45 miles of carriage roads, Acadia provides endless opportunities to experience nature. Best Easy Day Hikes Acadia National Park directs you to some of the best short hiking trails on Mount Desert Island, the main part of the park. Best Easy Day Hikes Acadia National Park includes concise descriptions and detailed maps of mostly short, easy-to-follow trails that lead to some of the park’s most scenic destinations. With hikes varying from half-hour strolls to full-day adventures, this guidebook is for everyone, including families. (4 1/4 X 7, 96 pages, maps)

This guide is a scaled-down version of the longer "Hiking Acadia National Park" by the same authors. Included in this guide are 21 day hikes within the national park boundaries, some of which follow along the coast while others go to the more accessible mountains. Each hike contains directions to the trailhead, an adequate though not particularly detailed map, and a brief but adequate description of the hike. Length ranges from 0.5 mile to 5.8 miles, with the average falling at around 2 miles.There are a couple of things you should know before purchasing this guide. The book is only 84 pages long and only measures 6" by 4". This small size makes the book easy to

carry, but at a cost. Specifically, only hikes on Mount Desert Island are included in this guide, with the rest being left on the cutting room floor from the larger version. So, if you are only planning a few days vacation to Acadia (like I did), this book will probably fit the bill. If you want a more comprehensive guide to Acadia hiking, you will want to look elsewhere.Second, the term "easy" in the title is relative. True, there are no multi-day backpack journeys described here, and the handhold rock climbs do not appear in this guide, but not everyone in even decent health will be able to hike all of these trails. For example, as an experienced day-hiker with average conditioning, I could have hiked any trail in this guide. However, my 60-something mother would have struggled on many of these trails even though she has no major health problems. My point is simply that not all of these trails are easy strolls on a level path, and I think you should know that before buying this guide. You may still need to choose a trail for your ability, and given the guide's size, your choices are somewhat limited.In summary, I gave this guide a good rating because I felt that it accomplished what the authors intended, namely a compact guide designed for short-term park visitors. However, depending on what kind of trip you are planning, this guide may not be for you, as I described above. So I recommend that you decide what kind of Acadia visit you desire and then use this review and others to choose the guide that will help you the most.

i liked this guide book but there were a few hikes in there that weren't described as well as they should have been. it has good maps and the descriptions are spot on. however a few of the hikes considered "moderate" were a little more vigorous than described. for example, she describes the great head trail with "moderate scrambles" along the boulders. i'm an avid hiker and this was a little more than "moderate". it does come with good advice, though. i would recommend this book.

I bought this book before a trip to Maine. It was small and compact and great for travel. We also took it on a few hikes and it was a very useful reference tool.

My wife and I just got back from Acadia. It was amazing. However, this book was useless for planning hikes. It has less information than what you can get from the park hand-out you get. We stayed at the Atlantean B&B and they had a book with a man and his 3 dogs on the front. It was excellent. I did not get the name/ISBM, sorry.However, we really enjoyed the extended Bubbles, Beehive and Goram (sp?) hikes. The beauty of this area rivals the Rocky Mts.

For a party with kids, this book is just what we needed. The descriptions and difficulty ratings were

right on. The directions to the trail heads were very clear (unlike in many hiking guides). Perhaps the best thing about it was the size. The book fit easily into my back pocket. No taking off my backpack everytime I wanted to check the map!

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